



# LA Herbs & Acupuncture

*Wellness through ancient wisdom*

Date: \_\_\_\_\_

## Patient Confidential Information

\_\_\_\_\_

Age: \_\_\_\_\_

Patient Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Place of Birth: \_\_\_\_\_ Relationship Status: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

Current Employer + Job Title (*if applicable*): \_\_\_\_\_

How did you hear about us?  Google Search  Social Media  Referral  Other: \_\_\_\_\_

Referral Name (*if applicable*): \_\_\_\_\_

*To decline answering any of the following: please write 'X'*

Sex Assigned at Birth: \_\_\_\_\_ Gender Identity: \_\_\_\_\_ Pronouns: \_\_\_\_\_

## Emergency Contact Information

\_\_\_\_\_

Contact Name: \_\_\_\_\_ Relationship: \_\_\_\_\_

Phone Number: \_\_\_\_\_



# LA Herbs & Acupuncture

*Wellness through ancient wisdom*

*If more room is needed, please write on back of page \**

## Medical History

Patient Name: \_\_\_\_\_

Chief Complaint: *Please list 1 or 2 symptoms that are the most prevalent in your life below*

---

---

Date of Onset: \_\_\_\_\_

Briefly describe the circumstances surrounding this complaint, and other treatment you may have received as well as the results of those treatments:

---

---

---

---

Please list all surgeries and their approximate dates:

_____	_____
_____	_____
_____	_____
_____	_____

Describe other traumatic experiences (such as divorce/heartbreak, death of loved one, supporting loved one(s) through a traumatic experience, etc.) and approximate dates:

_____	_____
_____	_____
_____	_____
_____	_____

Describe any serious illness and/or medical trauma you have experienced and the approximate dates, please include any serious childhood illness:

---

---

---

---

Describe any chronic illness or aches and pains which come and go:

---

---

---

---

Do you have any allergies?  Yes  No If yes, please list:

---

---

Please list ALL prescriptions, non-prescription medication, and/or nutritional supplements you are currently taking:

*\* if you need more space, please include an extra page and/or write on the back of this form*

---

---

---

---

Describe any history of prescription, non-prescription, or recreational drug use:

---

---

Are you a smoker?  Yes  No

Were you a smoker?  Yes  No

If yes, for how long? \_\_\_\_\_ How many cigarettes per day? \_\_\_\_\_

List one or two emotions that are predominant in your life. Please also include which are either **frequently** experienced and/or which are difficult for you to express:

---

---

---

---

---

Describe a typical day's nutrition, including beverages (if there is a meal you generally do not eat, please indicate)

Breakfast:

Lunch:

Dinner:

Snacks:

How much water do you drink a day on average? \_\_\_\_\_ Do you feel adequately hydrated?  Yes  No

How much caffeine / coffee do you consume in a day? \_\_\_\_\_

Do you drink alcohol?  Yes  No On average, how many beverages a week? \_\_\_\_\_

Describe your current program of physical fitness/movement:

---

---

How do you currently spend your days? (ie: occupation, creative practice, volunteer work, retired, etc.) Do your responsibilities result in your feeling stressed?

---

---

On a scale from 1 to 10, how 'stressed' do you feel on a typical day? (1 being the least stressed, 10 being the most): *circle one and describe*

1      2      3      4      5      6      7      8      9      10

---

---

Do you have a family history of any of the following illnesses? *Check all that apply* \*

- |   |   |   |
|---|---|---|
| <input type="checkbox"/> Asthma             | <input type="checkbox"/> High Blood Pressure          | <input type="checkbox"/> Kidney Disease     |
| <input type="checkbox"/> Autoimmune Disease | <input type="checkbox"/> Diabetes                     | <input type="checkbox"/> Infertility        |
| <input type="checkbox"/> Heart Disease      | <input type="checkbox"/> Migraine                     | <input type="checkbox"/> Bleeding Disorders |
| <input type="checkbox"/> Allergies          | <input type="checkbox"/> Arthritis                    | <input type="checkbox"/> Epilepsy           |
| <input type="checkbox"/> Hepatitis          | <input type="checkbox"/> Alcoholism / Substance Abuse | <input type="checkbox"/> Cancer             |
| <input type="checkbox"/> Stroke             | <input type="checkbox"/> Miscarriage                  | <input type="checkbox"/> Mental Illness     |

## Menstrual Cycle

---

Number of days between cycles (*if irregular, give a range*): \_\_\_\_\_ Number of days of bleeding: \_\_\_\_\_

Are you on birth control?  Yes  No *If yes, please explain what kind below:*

---

Color of menstrual blood (ie: pale pink, bright red, dark red, brown, purple):

---

---

Consistency of menstrual blood (ie: thick, watery, sticky, clotted, normal)

---

---

Describe any undesirable menstrual symptoms, please place an 'x' if you have any of these symptoms and/or describe symptoms not listed below:

- |   |  |   |
|---|--|---|
| <input type="checkbox"/> Breast tenderness, pain, enlargement | <input type="checkbox"/> Bloating  | <input type="checkbox"/> Changes in bowel movements           |
| <input type="checkbox"/> Cramps                               | <input type="checkbox"/> Nausea  | <input type="checkbox"/> Mood Changes                         |
| <input type="checkbox"/> Headache                             | <input type="checkbox"/> Vomiting  | <input type="checkbox"/> Food cravings ( <i>list below</i> ): |
| <input type="checkbox"/> Back Pain                            | <input type="checkbox"/> Inability to attend work / perform daily activities | _____   |
|   |  | _____   |

Have you been diagnosed with any of the following? Please mark all that apply:

- Endometriosis  Uterine Fibroids
- PCOS (Polycystic Ovarian Syndrome)  PMDD (Premenstrual Dysphoric Disorder)

Date (day 1) of your last menstrual cycle: \_\_\_\_\_

Date of last gynecological exam: \_\_\_\_\_

Are you, or might you be, pregnant?  Yes  No

Number of Pregnancies: \_\_\_\_\_ Number of births: \_\_\_\_\_



# LA Herbs & Acupuncture

*Wellness through ancient wisdom*

## Financial Agreement

---

Please remember that insurance is considered a method of reimbursement to our healthcare facility, but is not a substitute for the patient's responsibility. Some insurance companies pay fixed allowances for certain procedures and others pay a percentage of the charge. It is the patient's responsibility to pay any deductible amount, co-insurance payments, or any other balance that is not paid by insurance. When this agreement is executed by the patient or the patient's representative or a financial guarantor, all shall be jointly and individually liable for payment. Should accounts be referred to an attorney or collection agency, reasonable attorney's fees and collection expenses incurred shall be payable in addition to other amounts due.

I authorize disclosure of portions of the patient's records to the extent necessary to determine liability for payment and to obtain reimbursement. A photocopy of this assignment is to be considered as valid as the original. I hereby assign all medical benefits, to include major medical benefits to which I am entitled, including private insurance and other health plans, to L. A. Herbs & Acupuncture, An Integrative Medical Corp.

L. A. Herbs & Acupuncture, An Integrative Medical Corp. and the patient or patient's representative hereby enter into this agreement. The patient or patient's representative certifies that he/she has read and accepted the "Terms and Conditions of Service."

**I understand the 24-hour cancellation policy, and I agree to pay the standard fee if cancellation occurs within 24 hours of the date and time of my scheduled appointment.**

Signature: \_\_\_\_\_ Date: \_\_\_\_\_



# LA Herbs & Acupuncture

*Wellness through ancient wisdom*

## Informed Consent to Acupuncture Treatment and Care

---

I hereby request and consent to the performance of acupuncture treatments and other procedures within the scope of the practice of acupuncture on me (or the patient named below for whom I am legally responsible) by the licensed acupuncturist(s) who now or in the future treat me while employed by, working or associated with or serving as back-up for the acupuncturist named below, included those working at L.A. Herbs & Acupuncture, An Integrative Medical Corp., whether signatories to this form or not.

I understand that methods of treatment may include, but are not limited to, acupuncture, moxibustion, cupping, electrical stimulation, Tui-Na (Oriental Massage), Chinese herbal medicine and nutritional counseling. I will immediately notify a member of the clinical staff of any unanticipated or unpleasant effects associated with the consumption of the herb.

I have been informed that acupuncture is a generally safe method of treatment, but that I may have some side effects, including bruising (especially on the face), numbness or tingling near the needling sites that may last a few days, and dizziness or fainting. Bruising is a common side effect of cupping. Unusual risks of acupuncture include spontaneous miscarriage, nerve damage and organ puncture, including lung puncture (pneumothorax). Infection is another possible risk, although the clinic uses only sterile, disposable needles and maintains a clean and safe environment. Burns and/or scarring are a potential risk of moxibustion and cupping. I understand that while this document describes the major risks of treatment, other side effects and risks may occur. The herbs and nutritional supplements (which are from plant, animal and mineral sources) that have been recommended are traditionally considered safe in the practice of Oriental Medicine, although some may be toxic in large doses. I understand that some herbs may be inappropriate during pregnancy. Some possible side effects of taking herbs are nausea, gas, stomachache, vomiting, headache, diarrhea, rashes, hives, and tingling of the tongue. I will notify a clinical staff member who is caring for me if I am or become pregnant.

I do not expect the clinical staff to be able to anticipate and explain all possible risks and complications of treatment, and I wish to rely on the clinical staff to exercise judgment during the course of treatment which the clinical staff thinks at the time, based upon the facts then known is in my best interest. I understand that results are not guaranteed.

I understand the clinical and administrative staff may review my patient records and lab reports, but all my records will be kept confidential and will not be released without my written consent.

By voluntarily signing below, I show that I have read, or have had read to me, the above consent to treatment; have been told about the risks and benefits of acupuncture and other procedures and have had an opportunity to ask questions. I intend this consent form to cover the entire course of treatment for my present condition and for any future conditions) for which I seek treatment.

Patient Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Patient Representative: \_\_\_\_\_ Date: \_\_\_\_\_

L.A.c: \_\_\_\_\_ Date: \_\_\_\_\_



# LA Herbs & Acupuncture

*Wellness through ancient wisdom*

## Informed Consent to Acupuncture Treatment and Care

---

With my consent, L.A. Herbs & Acupuncture, An Integrative Medical Corp. may use and disclose protected health information (PHI) about me to carry out treatment, payment and healthcare operations (TPO). Please refer to L.A. Herbs & Acupuncture, An Integrative Medical Corp.s Notice of Privacy Practices for a more complete description of such uses and disclosures.

I have the right to review the Notice of Privacy Practices prior to signing this consent. LA. Herbs & Acupuncture, An integrative Medical Corp. reserves the right to revise its Notice of Privacy Practices at any time.

With my consent, L.A. Herbs & Acupuncture. An Integrative Medical Corp. may call my home or any other designated location and leave a message on voice mail or in person in reference to any items that assist the practice in carrying out TO, such as appointment reminders, insurance items and any call pertaining to my clinical care, including laboratory results among others.

With my consent, L.A. Herbs & Acupuncture. An Integrative Medical Corp. may mail to my home or other designated location any items that assist the practice in carrying out TO, such as appointment reminder cards and patient statements as long as they are marked personal and confidential.

With my consent, L.A. Herbs & Acupuncture. An Integrative Medical Corp may email to me appointment reminder cards and patient statements. I have the right to request that L.A. Herbs & Acupuncture, An Integrative Medical Corp. restrict how it uses or discloses my PHI to carry out TPO. However, the practice is not required to agree to my requested restrictions, but if it does. It is bound by this agreement.

By signing this form, I am consenting to L.A. Herbs & Acupuncture. An Integrative Medical Corp use and disclosure of my PHI to carry out TPO.

I may revoke my consent in writing except to the extent that the practice has already made disclosures in reliance upon my prior consent. If I do not sign this consent, L.A. Herbs & Acupuncture, An Integrative Medical Corp may decline to provide treatment to me.

Signature of Patient / Legal Guardian: \_\_\_\_\_

Patient's Name: \_\_\_\_\_ Date: \_\_\_\_\_

Printed Name of Patient / Legal Guardian: \_\_\_\_\_